

# FIRST AID/CPR/ AED TRAINING



## GO WITH THE EXPERT

Not all first aid and CPR courses are created equal. Many providers don't offer the comprehensive training needed to meet *OSHA First Aid Standard 29 CFR 1910.151*. Don't put your employees' safety at risk. Go with the expert in occupational first aid and CPR training.

## CONSIDER THESE FACTS:

- 25% of all emergency room visits can be avoided with basic first aid and CPR certification
- Sudden cardiac arrest represents 13% of all workplace deaths
- 75% of all out-of-hospital heart attacks happen at home

### Price Per Class

(based on 10 students/class)

CPR/AED  
**\$800**

First Aid  
**\$800**

First Aid + CPR/AED  
**\$1000**

### Session 1 - Standard First Aid and Choking

### Session 2 - CPR/AED and Choking

**Instructor:** Patrick Liebe

#### Course Curriculum:

#### Session 1 - Standard First Aid and Choking (5 Hours)

- |                                |   |
|--------------------------------|---|
| I. Acting in an Emergency      | II. Preventing Disease Transmission                                 |
| III. Check the Victim          | IV. Recovery Position   |
| V. Bleeding and Wound Care     | VI. Shock   |
| VII. Burns                     | VIII. Bone, Joint & Muscle Injuries                                 |
| IX. Head and Spine Injuries    | X. Sudden Illness: Cardiac, Stroke, Respiratory, Seizures, Diabetes |
| XI. Poisonings, Bites & Stings | XII. Heat, Cold, & Environmental Emergencies                        |

#### Session 2 - CPR/AED and Choking (3 Hours)

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| XIII. CPR and AED | XV. Choking |
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**Course Materials:** All participants are issued an instructional training manual, First Aid Quick Guide and DVD.

**Course Completion Certificate:** Participants who successfully complete the Course are issued National Safety Council certificates of completion. CPR/AED is valid for 2 years, and First Aid is also valid for 2 years.

#### Patrick Liebe

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NFPA 70E Instructor,  
First Aid/CPR Instructor

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